

RESIDENTIAL CARE

Provided to low care classification

<u>Care or service</u>	<u>Content</u>
1 Assistance in activities of daily living	Personal assistance, including individual attention, individual supervision and physical assistance with: 1.1 bathing, showering, personal hygiene and grooming; 1.2 maintaining continence or managing incontinence, and the use of aids and appliances designed to assist continence management; 1.3 eating, use of eating utensils and eating aids (including actual feeding where necessary) 1.4 dressing, undressing, and using dressing aids; 1.5 moving, walking, wheelchair use and the use of devices and appliances designed to aid mobility, including the fitting of artificial limbs and other personal mobility aids; 1.6 communication, including to address difficulties arising from impaired hearing, sight or speech, or lack of common language (including the fitting of sensory communication aids) and checking hearing aid batteries and cleaning spectacles; but excludes hairdressing.
2 Meals and refreshments	Special diets if required.
3 Emotional support to, and supervision of residents	Emotional support to and supervision of the residents.
4 Treatments or procedures	Treatments and procedures that are carried out according to the instructions of a health professional or a person responsible for assessing a resident's personal care needs, including supervision and physical assistance with taking medications, and ordering and reordering medications.
5 Recreational therapy	Recreational activities suited to residents, participation in the activities and communal recreational equipment.

- 6 **Rehabilitation support** The provision of, and assistance with, individual therapy programs designed by health professionals, aimed at maintaining or restoring a resident's ability to perform daily tasks for him or herself, or assistance to obtain access to such support.
- 7 **Assistance in obtaining health practitioner services** Arrangements for aural, community health, dental, medical, psychiatric and other health practitioners to visit residents, whether the arrangements are made by the residents, relatives of the resident, or other persons representing the resident's interests, or are made direct with a health practitioner.
- 8 **Assistance in obtaining access to specialised therapy services** Making arrangements for speech therapy, podiatry, occupational or physiotherapy practitioners to visit residents whether the arrangements are made by the resident, relatives or other persons representing the resident's interest.
- 9 **Support for people with cognitive impairment** Individual attention and support to residents with cognitive impairment (eg. dementia and other behavioural disorders). This would include individual therapy activities and specific programs designed and carried out to prevent or manage a particular condition or behaviour and to enhance the quality of life and care for such residents and ongoing support (including specific encouragement), to motivate or enable such a resident to participate in general facility activities.