

FRONDITHA CARE INC.

TEMPLESTOWE AGED CARE FACILITY RESIDENTS' INFORMATION SHEET LOW CARE 11 OMAR ST, LOWER TEMPLESTOWE

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Introduction:

Froniditha Templestowe Aged Care Facility is recognised by the Department of Health and Ageing as a provider of high and low care to elderly people of Australian Greek background who have a current Aged Care Assessment. This is the fourth facility established by Froniditha.

The facility is managed by a Manager of Residential Care, employs Greek speaking staff and is one of the residential services operated by Froniditha Care Inc. Froniditha Care is a philanthropic community based organisation, that provides both community and residential care services in the Melbourne Metropolitan area

Accommodation:

The facility accommodates 60 residents (45 high care and 15 low care). There are all single rooms, each with its own ensuite. The allocation of rooms is determined by the Manager of Residential Care, who takes into account various factors and individual needs. There are residents' lounges, a dining room, activities' room, kitchen and laundry.

What does the Facility Provide?

The philosophy of the facility is to provide a safe and comfortable environment which encourages independence. Residents are encouraged to be actively involved in daily living activities, rather than depend on other people including staff.

Greek food:

Meals include breakfast, morning tea, lunch, afternoon tea and evening tea. The menu is balanced nutritionally with special consideration given to those with individual dietary needs.

Personal Care:

Help with showering, dressing, undressing, grooming, etc.

Room Service:

Rooms are kept clean by staff. Elderly are encouraged to do the tidying up of rooms, especially the bed and wardrobe, to maximize mobility.

The facility also provides:

- Clean bed linen and free regular laundry
- Assistance with medication if needed
- Regular recreational activities
- Outings with volunteers
- Regular religious activities
- Emergency on call service during after hours

Residents should ask as many questions to clarify what is provided and what is not provided. Applicants are encouraged to spend a day in the facility before a decision is made to seek admission.

Medical Care:

Medical care is provided by the resident's doctor. The responsibility to make the necessary arrangements rests with the resident and/or their families although staff are available to assist.

Staff will assist in making appointments with medical specialists and outside services. However, the responsibility to organise transport to such appointments rests with the resident and/or their family.

Medication is provided by a visiting pharmacist. The cost of medication is carried by the resident.

Televisions:

There are TVs in the lounge rooms. Residents can have their own TV in their room and at their own costs.

Telephones:

The facility has a public telephone for the use of residents. Private phones can be installed by a telephone company. All charges for a personal telephone are paid by individual residents.

Smoking:

For the sake of everyone's safety, comfort and personal well being, smoking is not permitted in the facility.

Family Involvement:

Froneditha believes that positive involvement of the whole family is important to the well being of residents. Elderly people appreciate the contact with the family and their participation in joint family, religious and facility activities.

Resident Care Plans:

Every resident has a care plan which address his/her basic needs such as nutrition, safety, health, etc. This plan is reviewed regularly with the residents and family members.

Rights and Obligations:

Residents are encouraged to be actively involved in maintaining a safe, secure, and comfortable environment for all who live at Fronditha Templestowe. Concerns and complaints are handled sensitively to ensure that the individual rights and needs of all concerned are respected.

Admission Process:

Any offer of admission should be considered as soon as possible. Fronditha prefers that potential residents be fully informed, prepared and ready to accept a booking when an offer is made. Residents however, do have a right to a "cooling off" period.

What do residents bring to the facility?

Residents need to bring adequate personal clothing and foot wear. In addition, residents are encouraged to bring their own ornaments and mementos to place in their own room

How much will I Pay?

The Commonwealth Government determines the fees paid by residents. Applicants for the facility need to inform themselves about how the Basic Daily Care Fee, Income Tested Fees and Accommodation Bonds/Charges are calculated. Details about each payment will be provided to you by Fronditha staff. The information below provides an initial overview.

A. *Basic Daily Care Fee:*

All residents must pay a basic daily care fee. This is set by the Commonwealth Government at 85% of the fortnightly pension. A resident, whose only source of income is the pension, is not required to pay any other fees.

B. *Income Tested Daily Care Fee:*

This fee is paid by non-pensioners, or part pensioners, and is assessed on the basis of income and the ACFI category of each resident.

C. *Accommodation Bond:*

A hostel (low care) resident may be required to pay an Accommodation Bond. There is no maximum upper limit, the Accommodation Bond is to be negotiated. However this is only payable if a resident has assets above \$91,910. This figure does change from time to time, so please verify the threshold amount by talking with Fronditha's staff.

A resident's house is excluded from their asset calculation if:

- A person's spouse or dependent child is living there, or
- A person's carer or close family member has lived in the home for at least five years, and that carer or family member is eligible for an income support payment such as a pension.

In these situations – capacity to pay will be assessed only on assets other than the family house.

Administration of Payments:

- Residents pay their fees in advance. Therefore, on the day of admission a 4 week advance payment must be made. Ongoing payments will be organized with the facility Administrator.
- The provision of an Accommodation Bond will be organised before the placement, following discussion with the relevant Manager. Applicants must provide a Statutory Declaration detailing their assets.

Extra Charges:

The facility can only charge extra for services additional to the ones it must provide as a condition of funding. For instance, physiotherapy and other specialist services provided on the request of the resident are paid by the resident.

Centrelink:

Once a person accepts the vacancy at Fronditha Templestowe, Centrelink must be informed. For further information, contact the facility Manager on 8850 5111.