

FRONDITHA CARE INC

STEYI INFORMATION SHEET
94 SPRINGS ROAD, CLAYTON SOUTH, VIC 3169

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Introduction:

Steyi Aged Care Facility is recognized by the Department of Health and Ageing as a provider of accommodation and personal care, to elderly people of Australian Greek background who have a current Aged Care Assessment indicating High Care requirement. Nursing care is provided in a pleasant environment in Clayton South.

Accommodation:

The facility accommodates 30 residents. There are 4 rooms with 4 beds, 4 single rooms and 7 rooms with two beds. The allocation of rooms is determined by the Manager of Residential Care, who takes various factors and individual needs. There are two resident's lounges, a dining room, activities room, kitchen and laundry.

Philosophy:

The philosophy of Steyi is to create and support an environment which is as homelike as possible so that it will be comfortable, safe and congenial. Steyi endeavors to treat every resident as an individual ensuring that his or her special needs are met.

The Facility provides:

Greek food:

Meals include breakfast, morning tea, lunch, afternoon tea and evening tea. The menu is balanced nutritionally with special consideration given to those with individual dietary needs.

Personal care assistance:

Due to the high level of dependency of each resident, Steyi provides personal care and nursing assistance 24 hours a day. Residents are encouraged to remain as independent as possible. However, assistance is provided with mobility, dressing, showering and continence management. Steyi provides:

- Frequent changing of bed linen
- Laundering of clothes, this does not include dry cleaning
- Hairdressing and Podiatry (this may change from time to time)

Residents and families should ask as many questions as they like in order to clarify what is and is not provided.

Social Activities:

Steyi employs an activities' officer who arranges a leisure / recreation program on a daily basis to meet individual residents' needs, these include:

- Religious and cultural celebrations
- Bus outings are available
- B.B.Q's
- Family functions

Television:

There are TVs situated in residents' lounges, however residents are also able to have a television in their room on condition that it does not disturb other residents.

Telephones:

Residents are able to utilize the public phone situated in Steyi, or can install a private telephone at their own expense.

Smoking:

No smoking is permitted in the facility for the benefit of everyone's safety, comfort and personal well being.

What do you do with medical services?

Residents' families are responsible for choosing their family doctor to visit the nursing home regularly. Upon admission the nursing home requires the resident to be examined by a doctor within the first 24 hours.

Who is responsible for appointments with specialist medical services and other outside commitments?

The elderly person and his family are responsible in arranging and taking their elderly relative to outside appointments. This is very important as it also ensures family involvement. The facility does not provide staff for transporting and accompanying residents to outside appointments.

What does the elderly person bring to the facility?

Upon admission the resident is requested to bring the following items:

- All tablets and medication
- Pension Health benefit card
- Medicare Card
- Sufficient amount of clothes that are clearly marked with the resident's name.
- The name and contact number of the doctor who will be visiting the resident in Steyi (a doctor must examine the resident within the first 24hrs of a resident's admission)

The resident is also encouraged to bring personal items such as photos and mementos to place in their rooms.

Family involvement:

The positive involvement of the whole family is essential. Elderly people appreciate the contact with family and their participation in joint family, religious and facility activities. Families are encouraged to attend family support groups and meetings. Positive visitation is important, so it needs to be consistent with the core plan promoting maximum independence and dignity. Residents' meetings are held once a month, and relative meetings are held 3-4 times a year. All residents and families are encouraged to participate.

Review of resident's care plan:

Every resident has a care plan which addresses his / her basic needs, i.e. health, nutrition, emotional well being. This plan is reviewed regularly. Family involvement and support are essential in ensuring maximum happiness and health.

Rights and obligations:

Residents have the right to exercise their freedom of choice, which will be respected as long as it does not infringe on the rights of other residents. These rights and obligations are documented in the residents' manual. Concerns and complaints are handled sensitively to ensure the individual rights and needs of all concerned are respected. Concerns should be directed appropriately to the nurse in charge, Manager of Residential Care, Regional Manager, and finally to the Chief Executive Officer.

Staff rights and obligations:

Staff members are highly valued for their effort. Mutual respect, courtesy and understanding is expected by both staff and residents.

Admission Process:

Any offer of placement should be considered as soon as possible. The facility will only accept residents who are fully prepared and are ready to confirm and book an available bed / room immediately upon offer.

Terms and Conditions:**What does a high care / low care resident pay?**

From the 1st March 1998, under the Commonwealth Government legislation, a new system for nursing care has been introduced, which has unified nursing care contributions with current hostel resident contributions.

New residents will have to inform themselves about how the Income Tested Fees and the Accommodation Charge may affect them. Many people will not be affected by the changes. The concessional or Financially Disadvantaged Group is not affected. Please discuss with Fronditha's social worker about Income Tested Daily Fees and Accommodation Charges.

A. INCOME TESTED DAILY FEES**How does it impact on the various groups of people?**

For example, in the case of full pensioners: The maximum rate that a concessional pensioner will pay is 85% of the indexed pension daily rate. However, income and assets will be assessed in determining the level of payments for non-concessional people.

As the fees are subject to indexation, ie. pension adjustments based on the Consumer Price Index, the amount will change in line with the changes that occur in the various official rates. Consequently, families and elderly people will need to seek updated information to avoid misinformation.

B. ACCOMMODATION CHARGE

The maximum Accommodation Charge for full pensioners is \$23.22 per day, for non-pensioners it's \$26.88 per day. Apart from the Income Tested Fee, residents will be assessed to determine whether they are also required to pay an Accommodation Charge. People who have assets exceeding \$91,910 may have to pay Accommodation Charges. There is a scale of payments. For further information, you can discuss this with the Information and Referral Unit.

Treatment of Family Home re: Accommodation Charge:

A family home may be excluded from the assessment of assets in certain instances as a protection for spouses, long-term co-resident carers and family members.

Home not counted as asset if:

- a person's spouse or dependant child is living there; or
- a person's carer or close family member has lived in the home for at least five years, and that carer or family member is eligible for an income support payment such as a pension.

In these protected situations, capacity to pay will be assessed only on assets other than the family house.

Administration of Payments:

Residents pay their income fees in advance. Therefore, on the day of admission a 4-week advance payment must be made. Ongoing payments will be organized with the facility Administrator.

The provision of the Accommodation Charge will be negotiated before the placement, following discussion with the Chief Executive Officer or relevant Manager.

Extra Charges:

The nursing home can only charge extra for services which are additional to the ones it must provide as a condition of its funding.

For any further information please call the Manager on 9552 4100.